NewsLink

Fall 2022 Newsletter

In this issue

Cover: **Jan Bruce**, ALS Society of BC Ambassador

ALS
AMYOTROPHIC LATERAL SCLEROSIS
SOCIETY OF BRITISH COLUMBIA

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Living with ALS Support Groups

The groups provide an open, friendly and safe environment for ALS patients, family members, friends and caregivers to discuss issues related to living with ALS. ALS BC trained volunteers facilitate the groups, and they are a major point of contact between the Society and the ALS community. We recognize support groups aren't for everyone, but we also know that not too many people know exactly how fun support groups can be. We laugh and learn so much that it is hard to imagine why some people choose to "go it alone." Just know we're here when you need us.

Would you like to participate or start a support group in your area? We provide training!
To find out more details about dates and locations of upcoming events, please contact Alexandra Guerrero:
☎: 604.278.2257 ext. 226 or ✉: **alexandra@alsbc.ca**. Some groups will be held virtually on ZOOM, please check the **ALS BC website** for updates.

Fraser Valley Meetings
Last Tuesday of the month (Except Jul, Aug & Dec)
Time: 2:00 - 4:00 PM
Hybrid Location: ZOOM & Museum of Surrey,
17710 – 56A Ave
Facilitator: Alexandra Guerrero
☎: 604-278-2257 ext. 226
✉: **alexandra@alsbc.ca**

Kamloops Meetings
Third Friday of the month
Time: 1:00 - 2:00 PM
Hybrid Location: ZOOM & North Shore Community Centre, #452-730 Cottonwood Ave
Facilitator: Pat Tomlinson
☎: 250.319.4516
✉: **pa1697@telus.net**

North Central Island Meetings
First Wednesday of the month
Time: 1:30 - 3:30PM
Hybrid Location: ZOOM & Nanaimo Ecumenical Centre,
6234 Spartan Road
Facilitator: Shirley Theriault
✉: **Shirley.Theriault@yahoo.ca**

Okanagan Meetings
Last Friday of the month (Except July, Aug & Dec)
Time: 1:00 - 3:00 PM
Hybrid Location: ZOOM & Trinity Baptist Church,
1905 Springfield Road (corner of Spall and Springfield)
Facilitator: Louise Adderley
✉: **louiseadderley50@gmail.com**
Co-facilitator: Louise Gauthier
✉: **mrmrsg98@hotmail.com**

Prince George & Area Meetings
Second Wednesday of the month (Except Jul & Aug)
Time: 1:30 - 3:30 PM
Hybrid Location: ZOOM & St. Giles Presbyterian Church,
1500 Edmonton Street
Facilitator: Deborah Miller
☎: 250.964.3365
✉: **debarn1@telus.net**

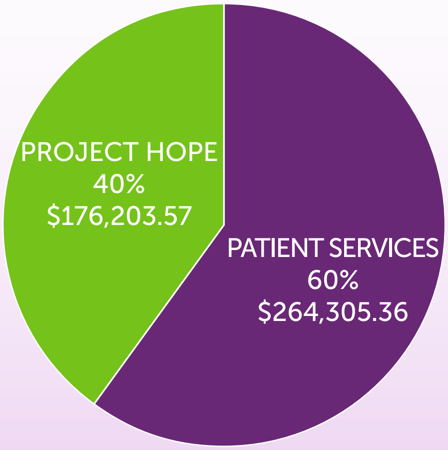
Vancouver & Area Meetings
Last Wednesday of the month (Except Dec)
Time: 10:30 – 12:30 PM
Location: ZOOM
Facilitator: Annie Wei
✉: **anniewei1@hotmail.com**

Victoria Meetings
Third Sunday of the month (Except Jun, Sept & Dec)
Time: 2:00 - 4:00 PM
Location: ZOOM & To Be Announced
Facilitator: Ellen Mahoney
☎: 250.920.9502

Virtual CAREGIVERS Meetings
Third Thursday of the month
Time: 10:30-12:30 PM
Location: ZOOM
✉: Contact **alexandra@alsbc.ca** to register
Facilitator: Louise Adderley
✉: **louiseadderley@gmail.com**

▶ Kelowna Move to Cure ALS

Move to Cure ALS 2022



Total Number of “Move” Participants: **818**
Total Number of In-Person Participants: **799**
Total Number of Virtual “Move” Participants: **19**
Total Number of Teams: **121**

The **Move to Cure ALS** is the signature fundraising event for the ALS Society of British Columbia, which brings together family and friends in support of ALS. People come together to “Move”; be it walking, running, rolling, supporting or being present. Funds raised go to support people living with ALS in BC and the Yukon, and to support research through **PROJECT HOPE**.

Our goal is to end ALS through creating a world class ALS Centre at UBC. 100% net proceeds to the Amyotrophic Lateral Sclerosis Society of British Columbia will remain in BC to support patient services programs (60%) and research (40%) through **PROJECT HOPE**.

NET RAISED: $440,508.93

THANK YOU!!

Bill Kelly & Jared Simonoff from Crown Isle Golf Course with Bob & Audrey Chepil

PGA of BC Golfathon for ALS 2022

The PGA of BC Golfathon for ALS is a unique event that takes place at golf courses in BC during the month of June each year. PGA of BC golf professionals pledge to golf from sunrise to sunset lending their muscles to support those who have lost theirs to ALS.

All donations raised from the Golfathons go to provide **direct support** to people living with ALS, their families and caregivers to ensure the best quality of life possible living with ALS. All are available to people affected by ALS at no cost to them thanks in large part to the PGA of BC Golfathon for ALS.

$222,500.00 RAISED

THANK YOU!!

- 2022 was the second of a five-year commitment from the Pacific Blue Cross Health Foundation as presenting sponsor, contributing $20,000.00 each year.
- CanadaHelps offered an additional fundraiser which generated over $4,200.00 towards the 2022 PGA of BC Golfathon for ALS.
- 41 golf courses, 9,625 holes played by 108 golfers and 17 hole in ones.
- 250,194 holes golfed. Based on an average yardage/hole of 250 yards; 62,548,500 yards / 57,194 miles OR 92,044 KM have been golfed over the 17 years!
- Over 6,900 people living with ALS supported.
- Total of $2,541,720 raised in 17 years to support people living with ALS.

LEGACY GIVING - Creating Memorable Legacies Through Gifts of Insurance

The following excerpt is from authors **Marlena McCarthy and Jack Bergmans' Ripple Effect - Growing your business with insurance and philanthropy**, published by **Civil Sector Press**.

INSURANCE IS A POWERFUL GIFT PLANNING TOOL.

There are many ways you can feel great about your complete financial and estate plan by including life insurance and insurance products into the asset mix. **Here's an excellent example of integrating insurance.**

Mike and Samantha, Ontarians and both aged 65, are healthy and happily retired. They live comfortably, thanks to both having good employee pensions, money in tax-free savings accounts (TFSAs), and several investments including about $350,000 in RRSPs. They have only two main legacy goals: After they are gone, they want to generously provide for their daughter Jane, who has four children, and; they want to leave a generous legacy gift to the university where they met and that they both attended.

Through their Wills, they have designated their daughter to receive whatever remains in their registered funds (RRSPs/RRIFs) when they die. Because they don't live extravagantly and have other sources of income, they only take out the minimum required deductions from their registered savings. They do want to leave a generous amount to Jane, but are concerned that income taxes and probate-related fees and taxes will consume about half of their registered savings, before the residue goes to Jane. They have also assigned a $75,000 bequest to their university, which they have set aside in TFSAs. The spouse that passes away last will make the donation.

The professional advisor realizes that there are more effective ways for them to meet their goals. After working through various options, the advisor realizes the best is to make some no-cost changes that will allow Mike and Samantha to be much more generous to both their daughter and their university. The professional advises the couple to take their $75,000 in the TFSAs, and with it buy a $300,000 Universal Life joint-last-to-die life insurance policy, assigning Jane as its beneficiary. Sam and Mike then go to their lawyer and update their Wills, removing the $75,000 bequest to their university. On your advice of the professional advisor, they replace it with a donation of the proceeds of their registered savings funds, which are allowed to transfer to their university upon their death.

Mike and Samantha pass away 20 years later. Because of their pension and investment income, they were able to stick to only making the minimum required withdrawals from their registered savings, which are worth $200,000. The entire amount goes to their university – instead of the $75,000 they had originally planned to give. It is true that their estate will owe income taxes on these funds, but they are completely offset by the $82,000 charitable receipt their estate receives for their generous gift. Their daughter Jane immediately receives the full tax-free death benefit of her parents' insurance policy, now worth about $378,000 – instead of about $120,000 that would have resulted from the transfer of the RRSP residue, after taxes and probate were settled.

ORIGINAL FINANCIAL PLAN – CHARITABLE GIFT	**REVISED PLAN, – CHARITABLE GIFT**
$75,000 from TFSA	- Income tax owed on RRIFs **($82,000)**
+ Tax credits from donation **$30,750**	+ Tax credits from donation **$82,000**
DAUGHTER'S INHERITANCE	**DAUGHTER'S INHERITANCE**
Balance of RRIF **$200,000**	Insurance policy death benefit **$378,000**
Minus taxes and probate-related fees & taxes: **($82,000 + $4,500)**	Taxes and probate-related fees & taxes – not applicable
Total inheritance $113,500 received after probate is settled (about 9 months later)	**Total inheritance $378,000 received within 2-3 weeks of insurance company receiving parent's death certificate**

***Note:** The amount of insurance purchased for **$75,000** will vary according to the age and health of each individual being insured. The value of registered funds upon death of their owners will vary from Canadian province to province due to different tax rates (and probate-related fees and taxes, for registered funds that are not designated as charitable donations).

Insurance and insurance products can offer flexibility that you can't get with a Will, giving you the cost- and hassle-free ability to quickly and easily change beneficiaries if priorities change, and create assurances that your funds will go exactly where they should, in the most timely and cost-efficient manner possible.

The Authors:

Jack Bergmans is a founding partner of **Bequest Insurance**. Jack is a Certified Financial Planners and has been in the investment industry since 1996. **Marlena McCarthy** has worked with charities since 1982 in marketing, communications, and fundraising. Marlena is the Founding Partner and Fundraising Communications Director of **Bequest Insurance**.

SUNDAY, MAY 6, 2023 · LEGACY SINCE 1972

BMO | Vancouver Marathon

MARATHON · HALF MARATHON · 8KM · RELAY · KIDS RUN · EXPO

RUN & FUNDRAISE

AMYOTROPHIC LATERAL SCLEROSIS SOCIETY OF BC

Join In

RUN • CHEER • VOLUNTEER

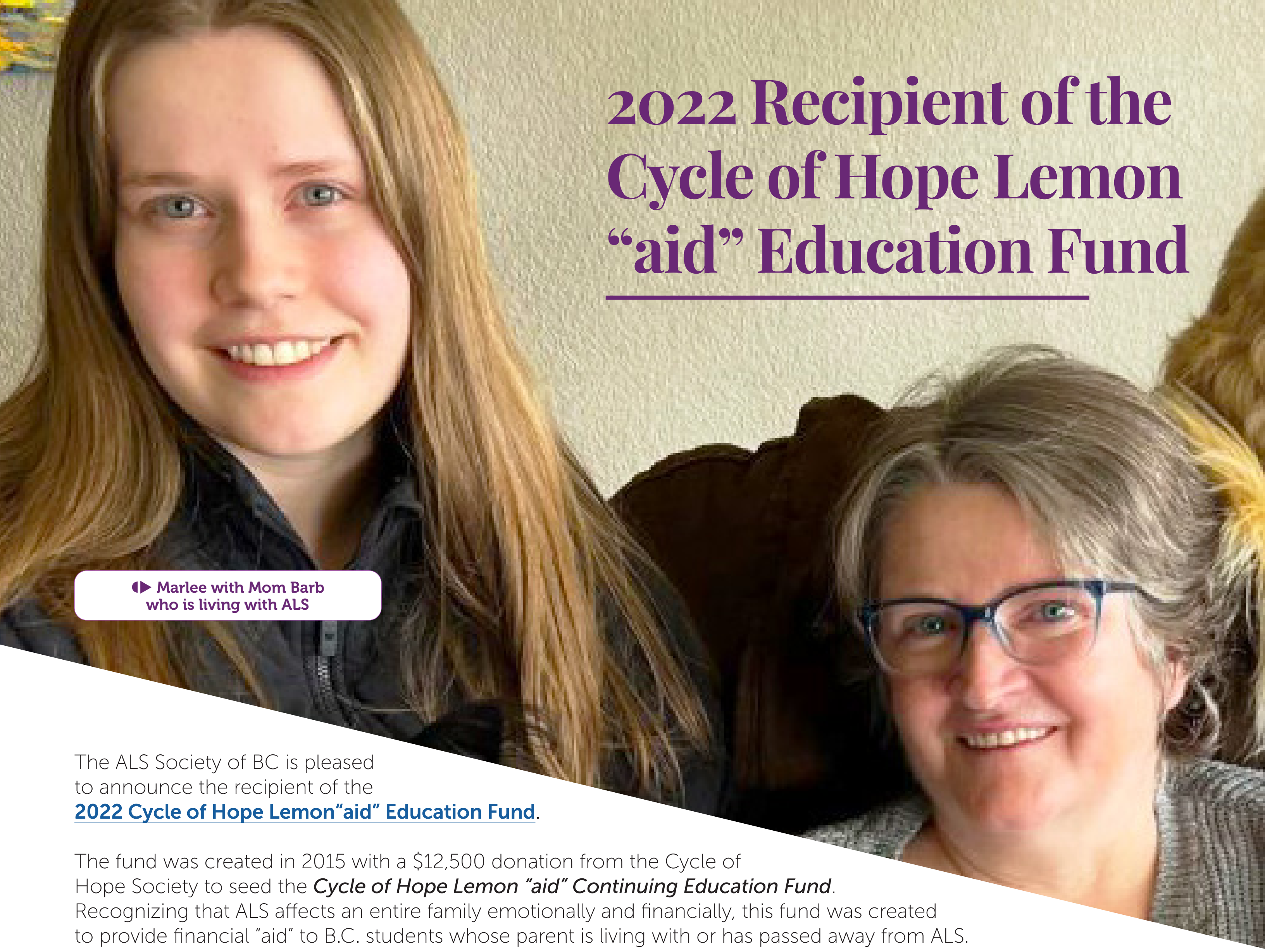
RUN VAN

BMOVANMARATHON.CA/RUN4HOPE

LET'S MAKE A DIFFERENCE TOGETHER

BMO · Running Room · RUN4HOPE OFFICIAL CHARITY · ALS

2022 Recipient of the Cycle of Hope Lemon "aid" Education Fund



Marlee with Mom Barb who is living with ALS

The ALS Society of BC is pleased to announce the recipient of the **2022 Cycle of Hope Lemon"aid" Education Fund**.

The fund was created in 2015 with a $12,500 donation from the Cycle of Hope Society to seed the ***Cycle of Hope Lemon "aid" Continuing Education Fund***. Recognizing that ALS affects an entire family emotionally and financially, this fund was created to provide financial "aid" to B.C. students whose parent is living with or has passed away from ALS.

The 2022 recipient is; **Marlee Wilson from Burns Lake**.

Marlee is a second-year nursing student in the Northern Collaborative Baccalaureate Nursing program at the College of New Caledonia and the University of Northern British Columbia. She is a dedicated student and has consistently received high marks in the course of her studies, my cumulative GPA is 4.198/4.333.

Marlee is continuing her education to become a Registered Nurse. After graduating from the program, she plans to work for a year as a Registered Nurse before selecting a nursing specialty or applying to medical school to become a physician.

"Since my mother's diagnosis of ALS in 2016 I have been heavily involved in her care. During the summer of 2020 and 2021 I worked part-time as one of her care-team members. I have found that the training I have received as a nursing student to be incredibly valuable when caring for my mother. Furthermore, the experience I gained caring for my mother has also assisted me during my journey as a student nurse. Some of the skills I was taught formally as a student nurse were things I already had experience with because of my mother's condition such as giving IV medications and caring for her feeding tube." – Marlee Wilson.

Marlee received $2,000 towards her education.

For more information on applying to the **Cycle of Hope Lemon"aid" Education Fund** contact:
Wendy Toyer, Executive Director ALS Society of BC at email: **w.toyer@alsbc**.ca or on the ALS BC website at:
https://www.alsbc.ca/wp-content/uploads/2020/01/Cycle-of-Hope-Lemon-Aid-Fund.pdf.

ALS Society of BC can turn your vehicle into valuable dollars to help support our cause.

1-877-250-4904
info@donatecar.ca

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Donate Your Car to ALS Society of BC

We will arrange the pick-up of your vehicle at no cost to you. The vehicle will then be sold, and once we receive the funds, you will receive your tax deductible receipt within 2 weeks.

It's incredibly easy!

1. **TELL US YOUR VEHICLE INFO** →
2. **WE PICK UP YOUR CAR** →
3. **YOU GET A TAX RECEIPT**

We accept any and all vehicles across the country, running or not, new or old.

For more information, visit
www.alsbc.ca

Dale Schienbein and Lenny from Seymour Golf & Country Club

Why Fundraise? Let's ask Dale...

Interview with Dale Schienbein, Head Golf Professional from Seymour Golf & Country Club.

1. **ALSBC: What fundraising methods do you use to consistently lead the way in total funds raised over the past 16 years?**

   Dale: I believe the success we have enjoyed in raising funds for the ALS Golfathon at Seymour stems from many reasons:

   - I am always surprised by the number of people I chat with has been affected by this disease. It seems as though each Member/friend/contributor has a friend, neighbor, family member or co-worker who has contracted ALS. I am always so proud of those who tell me this and quickly comment that they were so amazed at the support and assistance provided by the ALS Society of BC.
   - I have a personal relationship with each of the contributors. Having been the Head Professional at Seymour for 30 years I have so many outstanding relationships with Members. When I put out a call to help with supporting the Golfathon, I am truly humbled by the response that is received.
   - Most of the Members know that I haven't played a lot of golf in the last 20+ years. Like so many people these days, work and family life has monopolized my available time and the amount of time I have for golf suffers. It sure isn't for not wanting to play, unfortunately the time just hasn't been available to me. As a result, quite often, I play more rounds of golf in one day during the Golfathon than I do in the entire year. The Membership realize this and I am sure are happy to contribute to see me get out and play! To their credit, I like to think they are wanting me to get out and play more so than seeing if I can still play 🙂!

Continued on page 9

Continued from page 8

- I take the time to send out a detailed letter (3 pages) after the Golfathon outlining how the day went on the golf course and highlight a many interesting/fun experiences that occur as I go through the 16 hours on the golf course. Additionally, I take the time to send out a personal note of thanks to as many Members as possible (usually this takes upwards of many months afterwards to complete as this year we had 196 contributors). I feel if someone is going to entrust their hard earned money to an initiative I am involved with, the least I can do is ensure they are recognized, ensure they know their actions are appreciated AND their contribution is making a difference in the lives of a family dealing with ALS.

- We offer many different ways for Members to contribute, a reply to my email, going to the ALS website to contribute, telling me in person, completing a donation form we have on the first tee or completing a donation form we have associated with our Club Website. The goal is to make it as easy as possible for someone to donate, should they wish.

2. ALSBC: What does participating in the PGA of BC Golfathon for ALS mean to you?

Dale: I believe very strongly that each person has a role to play in helping others. My participation is a way I can return something back to this world. I and my family are healthy and in a position where we can help others who are less fortunate. As a Head Professional at a Private, Big City Golf Club, my position offers me the chance to interact with some of the most successful people in Vancouver and I have come to learn they are among the most generous and gracious people I have ever met. Every year that I put out the "ask for donations", I am humbled and amazed at their generosity!

3. What is the biggest takeaways that you've learned about fundraising over the past 16 years?

Dale: People want to be part of something, they want to feel their contributions are valued and their efforts are making a difference in someone's life! My role is to invite them with me on the Golfathon journey, ensure they feel valued for their contribution and always take the time to say thank you! Along the way, if I can share some knowledge about ALS, the many exciting developments that are occurring, and the many positive affects ALS patients receive stemming from the Golfathon then for me, the Golfathon is a success.

4. ALSBC: What are your goals and hopes for next year's golfathon?

Dale: I wish I could say it was score related. Unfortunately, as time marches on, coupled with the small amount of golf I play, my scoring ability becomes less of a focus. Truth be told, my goals focus on making sure my golf game doesn't embarrass myself, ensure I complete all 5 rounds but the biggest couple of goals are getting the word out about the Golfathon and ensuring all the fundraising activities are accurately recorded and reported.

5. ALSBC: What are you the proudest of from your 16 years of participating in the Golfathon?

Dale: I am proud of so many things it is hard to narrow it down to just one. Sorry, I am going to answer a slightly different question: The things I am most proud of are:

- The money raised and the number of consecutive years involved with this initiative.

- The people I have met with ALS and those amazing people who work with and assist those and their families with ALS.

- The fact that at 58, I can still play 4+ rounds of golf in one day and keep the scoring average in the mid 70's.

6. ALSBC: What do you love about the ALS Society of BC?

Dale: Everyone I have come in contact with at the ALS Society of BC are wonderful to work with! From the spokesman, Jay Janower to the various summer interns they have had throughout the years, the team that Wendy has put together are such a dedicated group of people, I am in awe. My role is so tiny in comparison to the impact that their efforts make in the lives of so many in our Province living with ALS. They are all a joy to work with and there has never been a moment in the past 16 years where I ever felt they weren't doing their utmost to assist those living with ALS. All I have to do is play golf all day and deal with some administration while they do all the real work!

Image by The International Alliance of ALS/MND Associations via Facebook.

International Alliance of ALS/MND Associations

The ALS Society of British Columbia becomes a full member of the International Alliance of ALS/MND Associations.

The **International Alliance of ALS/MND Associations** was founded in 1992 to provide an international community for individual ALS/MND Associations globally. Our vision is world free of ALS/MND and we help members thrive by adding value to existing and future associations through curation and creation of information and by acting as a global gateway through which Alliance Members, people living with ALS (PALS), ALS Clinicians/ Scientists (CALS) and stakeholders connect.

The two main focuses are **Community** and **Capability**, and we can do this as we build our Capacity.

VISION – A World Free of ALS/MND

PURPOSE – The Alliance is a global network of ALS/MND associations informed by PALS/CALS, that builds capability for its members and connects to external stakeholders.

VALUES – The Alliance is committed to the following values:

- Our service is to the organizations supporting people living with ALS/MND.
- We will contribute to improving quality of life for people living with ALS/MND.
- We encourage, support and value innovation and research for people living with ALS/MND.
- We respect and value the contribution made by all members.
- We act responsibly, maintain professional integrity, and engage and collaborate with the ALS/MND community worldwide.

The Alliance will hold it's annual meeting in San Diego November 28th - December 2nd, 2022. ALS Society of BC President, Sheldon Cleaves will be in attendance.

Susan and Jeff Derby

POEM: TO YOU ALS

By: **Jeff Derby**

ALS YOU CAME TO US AS AN UNINVITED GUEST
LIKE A STORM ROLLING IN FROM THE SEA
OUR FAMILY AND FRIENDS HAVE NO REST
CAN YOU NOT HEAR IT IS TIME TO LEAVE
WE ALL KNOW THE ODDS OF SURVIVAL
WE WILL FIGHT EVERYDAY TO STAY ALIVE
SO YOU HAD BETTER BE READY FOR THIS BATTLE
EACH DAY WE CAN STAY GIVES US STRENGTH TO SURVIVE
TODAY WE RUN WALK ROLL AND STROLL
TO RAISE MONEY FOR THE PROJECT HOPE
THROUGH TRIALS WE WILL FIND TREATMENTS AND CURES
WHICH WILL RID YOU FROM SO MANY WE KNOW
ALS THIS IS CERTAINLY WHAT YOU SHOULD FEAR.

ALS BC – Patient Service Programs

EQUIPMENT LOAN PROGRAM

Our Equipment Loan Program is designed to help people cope with the daily challenges of decreasing mobility and independence, through obtaining basic and essential assistive equipment. This includes mobility equipment, lift equipment, beds & accessories, communication devices, and bathroom aids, if needed. All equipment loaned is available at no charge to registered ALS patient members.

SUPPORT GROUPS

Support groups provide an open, friendly and safe environment for ALS patients, family members, caregivers and friends to discuss issues related to living with ALS. Groups are facilitated by experienced volunteers.

PSYCHOLOGICAL TREATMENT SERVICES

Psychological treatment services are available free of charge at locations across BC. Registered Psychologists and Registered Clinical Counselors provide much needed therapy and counseling to ALS Patients, their families and caregivers at any stage of the illness. Services will be provided throughout the disease and up to one-year following.

A DAY OF CARING FOR CAREGIVERS

Held every Fall in communities around BC, a Day of Caring for Caregivers is a chance for the full-time primary caregivers of ALS Patients to have a day of respite. This event allows for people who devote themselves to the care of their loved ones to come together and share experiences. It also provides the opportunity to learn how to take better care of themselves and how to cope with grief.

CAMP ALOHI LANI

In July or August ALS BC hosts a camp for youth who have a Parent (or Grandparent in a significant role) Living with ALS. ALS BC is extremely pleased to be able to offer this weekend retreat at no cost to families. Camp Alohi Lani, which means 'Bright Sky' in Hawaiian, is a safe setting in which youth aged 8-17 years can come together and receive support for their own journey. Most importantly Camp Alohi Lani offers campers an opportunity to meet other youth from across BC and make connections with peers.

CARE CONNECTIONS

The primary purpose of forming a Care Connection is to reduce caregiver responsibilities and reduce the worry the person with ALS has about their caregiver. By caring for the caregiver, the person with ALS is helped as well. The ALS Society of BC's Care Connection is a program to aid your own group of caring family and friends to help their loved ones with ALS and their caregivers.

MOBILE CLINICS

In partnership with Vancouver Coastal Health and the ALS Centre @ GF Strong Rehab Centre, the ALS Society of BC provides Mobile Clinics to outlying communities. ALS Centre healthcare professionals and an ALS Society of BC representative travel to clinic locations to provide follow-up appointments for people challenged to travel.

**All that is required to access these programs is the patient's registration with ALS Society of BC.
No fees are charged. Services available to people living with ALS in British Columbia and the Yukon.**

Visit **https://www.alsbc.ca/programs-services/** for more information.

GIVING TUESDAY

Nov 29

ALS

AMYOTROPHIC LATERAL SCLEROSIS
SOCIETY OF BRITISH COLUMBIA

Help Support our Equipment Loan Program
by Donating at: **www.alsbc.ca/givingtuesday**
or mail a cheque to our office marked
"**GivingTuesday for Equipment Loan**"

Sea to Sky ALS Rally

The third annual **ALS Rally** which took place over the course of June 11-12th was a massive success. Expanded and building upon previous years, 63 cars drove over 850km partaking in various automotive activities during the weekend.

The event started at the top of Cypress mountain and worked its way over to Richmond where participants enjoyed a few hours of private go-karting.

From there, the rally drove up to Kamloops making a quick stop in Hope to show off the cars to locals in the area. After a night of festivities in Kamloops, the following morning the convoy drove one of the most engaging and scenic drives in British Columbia over to the Lillooet Airport. The airstrip was used as a private 1/4 Drag strip for participants to push their cars to the max in a safe and closed environment.

From there the cars drove down the Duffey Lake road through Pemberton and finished the weekend cruising along the Sea to Sky highway with a picturesque sunset in the rearview. Together all the participants raised a net $51,000 for **PROJECT HOPE** and are all incredibly excited and motivated to double that for next year.

Visit **https://alsrally.com/** to learn more about the event.

Island Farms Mooman Charity Golf Tournament

island FARMS

island FARMS's 2022 Mooman Charity Golf Tournament for ALS was at the Arbutus Ridge Golf Course on August 28th. Tournament proceeds go to the ALS Society of BC's **David Pendray Memorial Endowment Fund**.

Visit **https://www.islandfarms.com/en** to learn more about the dairy cooperative.

**◀▶ (L - R))Lynette Johner, Co-coordinator,
Andrew Hajer, Arbutus Ridge Golf Club Head Golf Professional
& Tom Johner, Co-coordinator**

Choice in Supports for Independent Living (CSIL)

The following content is from the British Columbia Government Health Care services web page via: https://www2.gov.bc.ca/gov/content/health/accessing-health-care/home-community-care/care-options-and-cost/choice-in-supports-for-independent-living

Choice in Supports for Independent Living

Choice in Supports for Independent Living (CSIL) is a self-directed option for eligible home support clients. CSIL clients receive funds directly from their local health authority to purchase their own home support services. Clients become employers who manage all aspects of their home support, from hiring and supervising staff to overseeing how CSIL funds are spent.

People who cannot manage CSIL on their own may be eligible if a client support group or an individual designated as a representative through a Representation Agreement is acting as the CSIL employer.

CSIL clients have control over who they hire to provide personal assistance, when services are scheduled and now tasks are carried out.

Health authorities provide funding for services to the CSIL employer, as outlined in an agreement between the health authority and the CSIL employer, who then directly employs their own care providers. Health authorities determine the amount of funds based on assessment of need and the CSIL Categories of Need Guidelines at a minimum hourly rate of:

- $32.10 effective April 1, 2019 (to be paid retroactively)
- $32.74 effective April 1, 2020
- $33.40 effective April 1, 2021

For more information about CSIL and what is involved in becoming a CSIL employer, you can read the:

- **CSIL Online Workbook** (http://sci-bc.ca/resource-centre/choice-supports-independent-living/)

Is this care right for me?

Choice in Supports for Independent Living may be suitable if you have a significant physical disability and desire more control and flexibility in managing your home support services.

What are the Choice in Supports for Independent Living eligibility criteria?

In addition to meeting the general eligibility criteria for home and community care services, you are eligible for Choice in Supports for Independent Living (CSIL) if you:

- have been assessed as requiring home support services as part of your care plan;
- been assessed as having high physical care needs (HPCN), a physical disability, and are medically stable;
- have assessed needs that can be met within CSIL, within available resources;
- have agreed to pay the assessed client rate; and
- can safely coordinate and manage CSIL services or have a client support group or a CSIL representative
- acting as a CSIL employer.

To read the general eligibility criteria for all home and community care services, go to:

- **Are You Eligible?** (https://www2.gov.bc.ca/gov/content/health/accessing-health-care/home-community-care/are-you-eligible&title=Are%20You%20Eligible%3F)

For further information, please visit https://www2.gov.bc.ca/gov/content/health/accessing-health-care/home-community-care/care-options-and-cost/choice-in-supports-for-independent-living

Around BC!


2022 ALS Sporting Clay Challenge 1


Barb Wilson with Quilt Made in her honour by Jenny Pirie of Burns Lake

Virtual Location Move to Cure ALS Burns Lake

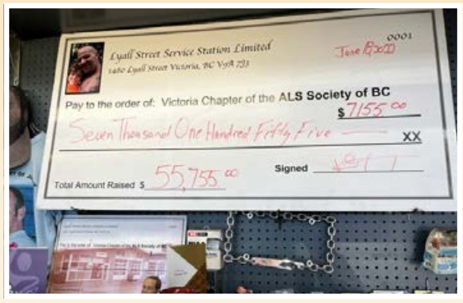

2022 ALS Sporting Clay Challenge 2


Abbotsford Police John Goyer Memorial Charity Golf Tournament


Bill Kelly and Jared Simonoff with Bob & Audrey Chepil of Campbell River PGA of BC Golfathon For ALS

Chilliwack Mobile Clinic

Grillverado Lyall Street Service Station Show & Shine



Lyall Street Service Station Show and Shine

Jake Gobillot & Bobby Tammen Receive Their ALS BC/Yukon Vests as Volunteer Coorindators

Kris Barker, Lion with Wendy Toyer ALS BC $1000 donation to Equipment Loan Program


Heavy Dinkers Pickleballl Tournament

Around BC Continued


Mark Hope Coordinator
Shuhachi Naito Golf Classic to Benefit
ALS BC & the Holocaust Education Centre


National Grilled Cheese Day
Charellis in Victoria


Steve Huska
Memorial Tournament Cobble Hill


2022 ALS BC Summer
Co op Students

Sydney and Louise Adderely
Lemonade Stand for ALS $278.95

The Full Circle Project
$10.000.00 Cheque Presentation

Vancouver
Firefighter Charities

Vancouver Firefighters Charities
Thank you from ALS BC!

About Us

ALS

AMYOTROPHIC LATERAL SCLEROSIS
SOCIETY OF BRITISH COLUMBIA

The **ALS Society of BC** was founded in 1981 by ALS patients, their family members and healthcare professionals to meet the physical and emotional needs of people living with ALS and their caregivers.

MISSION STATEMENT

To cure ALS through funding research, while advocating for and supporting people living with ALS.

VISION – LONG TERM GOAL – ASPIRATION

End ALS through a world class center at UBC.

CORE VALUES/BELIEFS

Unsurpassed Service: We are dedicated to improving the quality of life for our patients, their caregivers, and their families.

Teamwork: Our success is built on a team of dedicated staff and volunteers (Team ALS BC & Yukon) working for a common purpose.

Quality of Life: Our goal is to continually improve the services needed to improve the quality of life of those living with ALS.

Equality of Care: Everyone living with ALS has a right to equal care, no matter where they live in BC.

Dream Big: We push the envelope constantly to improve what we can do to achieve results.

ALS Society of BC Resources

STAFF DIRECTORY:

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PARTNERS WHO CAN HELP:

ALS Centre at GF Strong Rehab
604-737-6320

Respiratory Equipment and Support
Provincial Respiratory Outreach Program
1-866-326-1245

Communication Equipment and Support
Communication Assistance for Youth and Adults
604-326-3500

ALS Society of British Columbia
1228 – 13351 Commerce Parkway,
Richmond, B.C. V6V 2X7
www.alsbc.ca
1-800-708-3228

SUPPORT NETWORKS:

Government of British Columbia
Choice in Supports for Independent Living (CSIL)
https://www2.gov.bc.ca/gov/content/health/accessing-health-care/home-community-care/care-options-and-cost/choice-in-supports-for-independent-living

On Line Support – Patients Like Me
www.patientslikeme.com

Support Groups – Living with ALS Support Groups
www.alsbc.ca/programs-services/living-with-als-support-groups/

Support Line – BC Caregiver Support Line
1-877-520-3267
8:30 am - 4:00 pm Monday, Wednesday, Friday
8:30 am - 7:00 pm Tuesday and Thursday
www.familycaregiversbc.ca/get-help

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