

# ALS SOCIETY OF BC SUPPORT GROUPS

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*The groups provide an open, friendly and safe environment for ALS patients, family members, friends and caregivers to discuss issues related to living with ALS. Experienced volunteers facilitate the groups, and they are a major point of contact between the Society and the ALS community. We recognize support groups aren't for everyone, but we also know that not too many people know exactly how fun support groups can be. We laugh and learn so much that it is hard to imagine why some people choose to "go it alone." Just know we're here when you need us.*

## **Abbotsford Living with ALS Group**

Meeting dates: Last Saturday of the month except July, August & December.

**2-4PM**

Ross Road Community Church, 3160 Ross Road, Abbotsford B.C

**Support Group Facilitator – Dave Walman T | [604.837.5383](tel:604.837.5383)**

## **Kamloops Living with ALS Group**

Meeting dates :3rd Friday of the month starting Oct 21,2016

**February date change to Friday February 24<sup>th</sup>, 2017!**

**1-3PM.**

Brock Activity Centre

9A 1800 Tranquille Road

Kamloops, BC

**Support Group Facilitator Pat Tomlinson. T [250.319.4516](tel:250.319.4516) E | [pa1697@telus.net](mailto:pa1697@telus.net)**

## **Kelowna Living with ALS Group**

Meeting dates: The 4th Friday of each month except July & August

**1- 3PM**

Location: **February 24<sup>th</sup> meeting location change to: MeKong Restaurant 1030 Harvey Ave. (Near Harve/Gordon)**

Cottonwoods, 2255 Ethel Street, Kelowna. Wheelchair accessible.

**Support Group Facilitator - Louise Adderley E | [loumar4@shaw.ca](mailto:loumar4@shaw.ca).**

## **Victoria Living with ALS Support Group**

Meets on the 3rd Sunday of the month except in June which is the 2nd Sunday of the month; and July & August.

**2 - 4 P M**

Location: Health Unit located at 1947 Cook Street. Enter side door off parking lot.

**Support Group Facilitator - Ellen Mahoney T | [250.920.9502](tel:250.920.9502)**

## **Surrey Living with ALS Support Group**

Meets on the 3rd Sunday of the month

**2:30-4:30PM**

Location: R i c k y ' s Country Restaurant, 202 – 15373 Fraser Hwy, Surrey.

**Support Group Facilitator - Linda Fontana T | [778.230.6208](tel:778.230.6208)**

**E | [lfontana@findsalestalentcanda.com](mailto:lfontana@findsalestalentcanda.com).**

## **Vancouver & area Living with ALS Support Group**

Meets the last Thursday of each month except July, August & December

**NEW LOCATION: Richmond Presbyterian Church cafeteria, 7111 #2 Road (near Granville Ave.) Richmond**

**10:30 – 12:00PM**

**Support Group Facilitator Contact Patient Services Coordinator T | [604.278.2257](tel:604.278.2257) ext 226**

## **Nanaimo Living with ALS Support Group**

Next group meetings:

Wed. March 15<sup>th</sup>, 2017;

Wed. May 17<sup>th</sup>, 2017; **North Central Chapter AGM**

Wed, July 19<sup>th</sup>, 2017

Wed. September 20<sup>th</sup>, 2017;

Wed. November 15<sup>th</sup>, 2017

**1:30-3:30 PM**

Brechin United Church, 1998 Estevan Road, Nanaimo

**Support Group Facilitators: Bev Trickey E | [bevtrickey@shaw.ca](mailto:bevtrickey@shaw.ca)**

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For more information on how to participate or start a support group in your area (training is provided). To find out more details about dates and locations of upcoming events, please contact:

Phone: 604.278-2257 ext. 226 or send email [patientservices2@alsbc.ca](mailto:patientservices2@alsbc.ca)

Thank you to the Province of British Columbia for sponsoring the Support Group Program of the ALS Society of BC through the [BC Gaming Community Grant](#).